

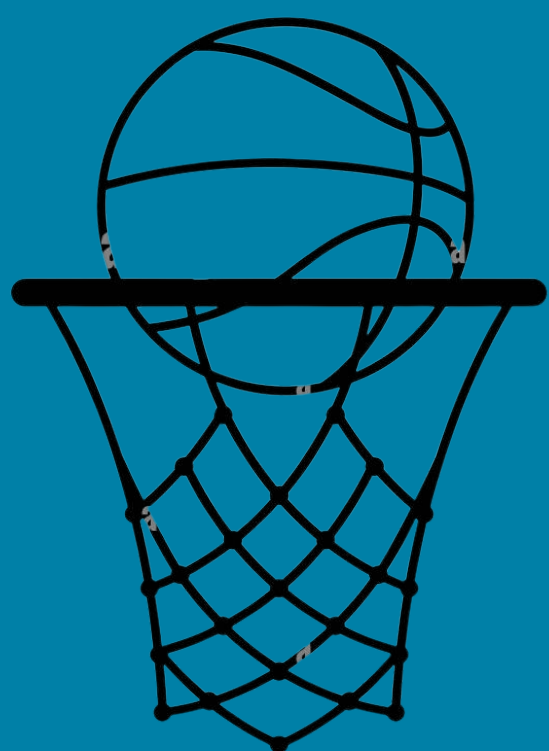


Living Well UK



Are you 11-18 years old? Looking to get active and improve your overall well-being? Come and join Living Well UK's **FREE** sports & arts in North Solihull!

Starting on 25th January 2022



**Tuesdays & Fridays
@ Fordbridge Centre
B37 5DD**

15:30-17:30

**Arts & Crafts + Sports &
Games**



**Register via the QR code
or the link below:**

**[https://www.surveymonkey.co.uk/r/
LWUKNSSESSIONS](https://www.surveymonkey.co.uk/r/LWUKNSSESSIONS)**



**active
communities**

***Activities include:**

Football, rounders, running games, tag, drawing, painting, clay modelling **AND MORE ***